



**Canadian Mental  
Health Association**  
Lambton Kent  
*Mental health for all*

**Association canadienne  
pour la santé mentale**  
Filiale de Lambton Kent  
*La santé mentale pour tous*

### **Client Care Assistant – Housing Program 1 Permanent Full Time (Chatham Site)**

The Canadian Mental Health Association Lambton Kent Branch is proud to be a merged community agency serving the mental health needs of Lambton County and the Municipality of Chatham-Kent.

Our vision is to have mentally healthy people in a healthy society. As a leader and champion for mental health, CMHA Lambton Kent provides services and facilitates access to the resources people require to maintain and improve mental health. Our efforts promote community integration, build resilience, and support recovery from mental illness.

This position supports clients' recovery of daily routines by coaching and actual hands-on assistance with routine daily activities. The incumbent will be responsible for the implementation of action items that the program clinical lead develops as part of the treatment care plan. The CCA will collaborate with the program lead to provide feedback and input in regards to the progress toward independence, as it relates to daily routine activities.

Reporting to the Housing Supervisor, the incumbent will be responsible for the following functions:

- assisting clients in developing and maintaining healthy daily routines that promote recovery and independence by reinforcing skill development through means of coaching, demonstrating and assisting clients with daily tasks as required;
- coaching clients with personal hygiene care and activities of daily living, assisting as required;
- teaching meal planning and nutritious meal preparation and assisting clients in the preparation and clean-up;
- coaching clients with routine household tasks, such as cleaning, yard maintenance, etc. and assisting as required
- support clients with their housing needs
- assisting clients in accessing recreational and community-based activities;
- teaching and assisting clients with shopping, laundry duties and other living skills;
- supporting program evaluation;
- ensuring that clients' concerns are addressed promptly and professionally;
- ensuring that client interaction supports client self-determination and independence; and

#### **Qualifications:**

- Minimum requirement of a certificate in Personal Support Worker (PSW) college program from a recognized post-secondary institution; a post-secondary diploma in a relevant discipline or a Social Service Worker Diploma would be considered an asset
- Minimum of 1 to 2 years' experience working in community-based mental health care and/or residential treatment setting; and
- A valid Ontario Driver's Licence and access to a vehicle in good repair.



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**Skills required:**

- Knowledge of mental health required to assess and support clients with symptoms of a serious mental illness;
- Must have a basic knowledge of biopsychosocial rehabilitation;
- Crisis or suicide intervention training is an asset;
- CPR training;
- Planning and organizational skills to facilitate advocacy and support coordination/service access;
- Well-developed written and verbal communication skills;
- Working knowledge of computers with skill in the use of email and Microsoft Office and;
- Proficiency in both official languages will be considered an asset.

**Hours of Work:** 35 hours/week. Flexible hours are required to meet the position requirements.

**Salary:** Commensurate with experience within the range: \$36,208 - \$44,052

Applicants should submit a covering letter and resume by June 9, 2017 to:

**Lynne Whyte, Human Resources Generalist**

Canadian Mental Health Association  
Lambton Kent Branch

240 Grand Ave West, Suite 100, Chatham, ON N7L 1C1

E-Mail: [hr@cmhalambtonkent.ca](mailto:hr@cmhalambtonkent.ca)

**Please quote: Job Posting #20-2017**

*Canadian Mental Health Association – Lambton Kent is committed to a workplace reflecting the diversity of the community it serves and encourages applications from all qualified candidates, including women, members of visible minorities, Aboriginal Peoples and persons with disabilities. If you require an accommodation, we will work with you to meet your needs. This information is available in an alternative format upon request, to accommodate individuals with a disability. While we thank all applicants for their interest, only those selected for an interview will be contacted. If contacted for an interview, please inform us should accommodation be required.*