



Canadian Mental
Health Association
Lambton Kent

**Canadian Mental Health Association
Lambton Kent Branch**

**Psychotherapist - (Sarnia Site)
1 Temporary Full Time Contract (10 Months)**

The Canadian Mental Health Association Lambton Kent Branch is a proudly merged community agency serving the mental health needs of Lambton County and the Municipality of Chatham-Kent.

Our vision is to have mentally healthy people in a healthy society. As a leader and champion for mental health, CMHA Lambton Kent provides services and facilitates access to the resources people require to maintain and improve mental health. Our efforts promote community integration, build resilience, and support recovery from mental illness.

This position will provide assessment, counselling and treatment to individuals or groups managing a moderate mental illness and/or a personality disorder that require short-term services. This position will carry a short-term caseload for individual counselling with treatment planning for solution focused, time limited services. As well, the incumbent will act as a facilitator for groups in the program.

Reporting to the Manager of Integrated Client Services, the incumbent will be responsible for the following functions:

- providing counselling to clients diagnosed with a moderate mental illness or a personality disorder using evidence informed practices for treatment;
- mutually creating plans of care with clients that maximize personal strength using a combination of social work strategies for symptom management, relapse prevention, acceptance and change, behaviour modification, and harm reduction;
- providing comprehensive risk assessment and follow-up care for individuals that experience suicidal ideation;
- Facilitating therapeutic, time-limited, evidence informed groups that will address the post discharge needs of clients to reduce ED presentations and impact symptom management.;
- promoting specialized care through mental health treatment and crisis planning;
- Maintaining the short-term nature of the service, while assessing individual needs for additional services or termination modifications to promote the well-being and safety of those receiving services; and using cultural sensitivity when developing and providing services to clients.

Qualifications:

Education required:

- Masters of Social Work Degree from an accredited university with current registration with the Ontario College of Social Workers and Social Service Workers; or
- Masters of Counselling Degree currently registered with the College of Registered Psychotherapist of Ontario;
- experience with, and a detailed knowledge of, mental illness, with a special interest and understanding of depression, anxiety disorders, and personality disorders, usually gained

- by several years of working with this population; and
- a valid Ontario Driver's Licence and access to a vehicle.
- Preference will be given to a qualified candidate who is proficient in both official languages.

Skills required:

- must have a broad knowledge of various evidence-informed, short-term brief treatment modalities used to improve the quality of life and mental health of clients diagnosed with a moderate mental illness and/or a personality disorder;
- crisis or suicide intervention training is an asset;
- must have strong psychosocial and risk assessment skills;
- must be able to recognize the need for, and use cultural sensitivity when developing and providing services to clients;
- must have an extensive knowledge of moderate and serious mental illness and trends in the provision of support services to adults with a mental illness;
- extensive knowledge of the Mental Health Act, as well as relevant legislation specific to individuals with a mental illness;
- planning and organizational skills to facilitate advocacy and support coordination /service access;
- extensive knowledge of the support/treatment services network in the Municipality of Chatham Kent and Lambton County and of regional services commonly accessed by the program;
- requires knowledge to assess and support clients diagnosed with a Concurrent Disorder;
- extremely well-developed written and verbal communication skills; and
- working knowledge of computers with skill in the use of email and Microsoft Office.

Hours of Work: 35 hours/week. Flexible hours are required to meet the position requirements

Salary: Commensurate with experience within the range: \$61,825 - \$75,219

Applicants should submit a covering letter and resume by 4:30PM Thursday, May 18th, 2017 to

Cindy Kremer, Human Resources Generalist

Canadian Mental Health Association

Lambton Kent Branch

210 Lochiel St

Sarnia, Ontario N7T 4C7

519-337-2325 (fax)

E-Mail: humanresources@cmhalambtonkent.ca

Please reference Job Posting #16-2017.

Only applicants being considered for an interview will be contacted.

Canadian Mental Health Association – Lambton Kent is committed to a workplace reflecting the diversity of the community it serves and encourages applications from all qualified candidates, including women, members of visible minorities, Aboriginal Peoples and persons with disabilities. If you require an accommodation, we will work with you to meet your needs. This information is available in an alternative format upon request, to accommodate individuals with a disability.

While we thank all applicants for their interest, only those selected for an interview will be contacted. If contacted for an interview, please inform us should accommodation be required.