



Association canadienne
pour la santé mentale
Filiale de Lambton Kent
La santé mentale pour tous



Peer Navigator/Research Assistant 1 Temporary Contract Full Time (Chatham)

Our vision is to have mentally healthy people in a healthy society. As a leader and champion for mental health, CMHA Lambton Kent provides services and facilitates access to the resources people require to maintain and improve mental health. Our efforts promote community integration, build resilience, and support recovery from mental illness.

The Peer Navigator/Research Assistant will facilitate and provide support to adolescents and young adults 11-25 years of age who are experiencing mental health issues. The incumbent will also support and coordinate all research activities related to the ACCESS research project, including data collection and conducting surveys and measures with clients and other stakeholders, as needed.

Reporting to the ACCESS Open Minds Clinical Coordinator, the incumbent will be responsible for the following functions:

- providing information on the ACCESS project to engage youth and their families;
- promotes a stigma free youth culture for mental illness;
- work closely with the interdisciplinary team to ensure diverse A/YA services;
- assists in linking A/YA to alternate community resources when needed;
- recruiting participants, including presenting project and consent forms to youth, families/carers and other stakeholders, as needed;
- conducting chart reviews and accurate and diligent collection of data;
- participating in training activities for research staff offered by ACCESS Central throughout the project.
- consulting with the Clinical Coordinator, as outlined in program policies and procedures or where it is reasonable to assume that management consultation is required on matters pertaining to quality assurance in direct service.

Qualifications:

- Post-secondary diploma in a relevant discipline such as a Social Service Worker Diploma or Addictions and Mental Health; Bachelor's degree in a relevant health discipline (e.g. Science/ Life/Psychology, Health Sciences/Physical & Occupational Therapy, Epidemiology, Sociology). Professional registration would be an asset.
- 1-2 years' experience in a health related organization and experience working with Adolescents/young adults with mental health issues;
- Experience with active involvement in research in an academic setting, healthcare setting or research institute would be an asset.
- Personal lived experience in recovery from a mental health and/or addiction challenges;
- a valid Ontario Driver's Licence and access to a vehicle.



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Skills required:

- knowledge of the Mental Health Act, as well as relevant legislation specific to A/YA with a serious mental illness;
- planning and organization skills to facilitate advocacy and support coordination/service access;
- excellent communication skills; exceptional ability to communicate clearly and respectfully with youth, families and caregivers;
- knowledge of and familiarity with research methodology and experience conducting literature reviews on youth mental health;
- extensive knowledge of the support/treatment services network in the Municipality of Chatham Kent and of regional services commonly accessed by the program;
- crisis or suicide intervention training is an asset;
- CPR training;
- working knowledge of computers with skill in the use of email and Microsoft Office; and
- proficiency in both official languages will be considered an asset.

Hours of Work: 35 hours/week. Flexible hours are required to meet the position requirements.

Salary: Commensurate with experience within the range: \$27.90/hr to \$33.94/hr

Applicants should submit a covering letter and resume by September 10th, 2018 to:

Lynne Whyte, Human Resources Generalist
Canadian Mental Health Association, Lambton Kent Branch
240 Grand Ave West, Chatham, ON N7L 1C1
E-Mail: HR@cmhalambtonkent.ca

Please reference Job Posting: #22-2018

Canadian Mental Health Association – Lambton Kent is committed to a workplace reflecting the diversity of the community it serves and encourages applications from all qualified candidates, including women, members of visible minorities, Aboriginal Peoples and persons with disabilities. If you require an accommodation, we will work with you to meet your needs. This information is available in an alternative format upon request, to accommodate individuals with a disability. While we thank all applicants for their interest, only those selected for an interview will be contacted. If contacted for an interview, please inform us should accommodation be required.