



**Canadian Mental  
Health Association**  
Lambton Kent  
*Mental health for all*

**Association canadienne  
pour la santé mentale**  
Filiale de Lambton Kent  
*La santé mentale pour tous*

**Early Intervention Family Worker/Therapist  
(1 Temporary Full Time until October 2019)  
Sarnia Site**

The Canadian Mental Health Association Lambton Kent Branch is a proudly merged community agency serving the mental health needs of Lambton County and the Municipality of Chatham-Kent.

Our vision is to have mentally healthy people in a healthy society. As a leader and champion for mental health, CMHA Lambton Kent provides services and facilitates access to the resources people require to maintain and improve mental health. Our efforts promote community integration, build resilience, and support recovery from mental illness.

This Early Intervention Family Worker/Therapist position has a dual role. This role will be comprised of providing intake and assessment of services for youth as well as providing support and education to families. Where time permits and as directed, this individual will provide short-term psychotherapy for youth experiencing anxiety and depression, and if necessary case management.

This individual is responsible for providing highly individualized and flexible intake, assessment and support to adolescents and young adults 14-35 years of age who are experiencing their first onset of psychosis. The needs of this population are complex and will require a highly intensive multidisciplinary, integrated team approach. It will be equally important for the Early Intervention Family Worker/Therapist to be aware of, and be knowledgeable about, the developmental stages of adolescence and young adulthood. The Early Intervention Family Worker/Therapist will be required to develop, implement and evaluate individualized treatment plans with clients on an ongoing basis.

This position will require the Early Intervention Family Worker/Therapist to have well-developed group facilitation skills which will be utilized for the purpose of providing groups for clients, families and the community. This worker will also need to have well-developed family intervention skills that include the skills of: engaging, mediating, problem-solving, as well as educating and supporting families through the treatment and recovery process.

Reporting to the Integrated Manager of Specialized Services, the incumbent will be responsible for the following functions:

- Conducting detailed assessments using the InterRAI Community Mental Health Assessment for youth;
- Compiling relevant demographic and biopsychosocial history information for the purpose of continued case management support or referral/linking to another more appropriate community service;
- Provide general education about the Early Intervention Program and community services;
- Engaging, educating and supporting families through the treatment and recovery process utilizing individual and group intervention strategies;
- Providing counselling to clients with a mental illness or a personality disorder using



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evidence informed practices for treatment;

- Mutually creating plans of care with clients that maximize personal strength using a combination of social work strategies for symptom management, relapse prevention, acceptance and change, behaviour modification, and harm reduction;
- Providing comprehensive risk assessment and follow-up care for individuals that experience suicidal ideation;

**Qualifications:**

- Masters of Social Work Degree from an accredited university with current registration with the Ontario College of Social Workers and Social Service Workers; or
- Masters of Counselling Degree currently registered with The College of Psychotherapy;
- experience with, and a detailed knowledge of, mental illness, with a special interest and understanding of depression, anxiety disorders, and personality disorders, usually gained by several years of working with this population; and
- a valid Ontario Driver's Licence and access to a vehicle.

**Skills required:**

- must have strong engagement and assessment skills;
- knowledge of the developmental stages of adolescents and young adults;
- family intervention skills;
- crisis and suicide intervention training;
- CPR training;
- must have group facilitation skills and an understanding of group dynamics;
- extensive knowledge of the Mental Health Act, as well as relevant legislation specific to an individual with a serious mental illness;
- planning and organizational skills to facilitate advocacy and support coordination /service access;
- extensive knowledge of the support/treatment services network in the community and of regional services commonly accessed by the program;
- refined time management and organizational skills;
- demonstrated commitment towards research and program development;
- proven competence in the use of computer software and related applications (ex. Microsoft Office, BCare, etc.); and
- well-developed written and verbal communications skills

**Hours of Work:** 35 hours/week. Flexible hours are required to meet the position requirements.

**Salary:** Commensurate with experience within the range: \$61,825 - \$75,219, inclusive of HOOPP

Applicants should submit a covering letter and resume by Friday, January 18, 2019 to:

**Cindy Kremer, Human Resources Generalist**



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210 Lochiel St  
Sarnia, Ontario N7T 4C7

E-Mail: [humanresources@cmhalambtonkent.ca](mailto:humanresources@cmhalambtonkent.ca)

*Canadian Mental Health Association – Lambton Kent is committed to a workplace reflecting the diversity of the community it serves and encourages applications from all qualified candidates, including women, members of visible minorities, Aboriginal Peoples and persons with disabilities. If you require an accommodation, we will work with you to meet your needs. This information is available in an alternative format upon request, to accommodate individuals with a disability. While we thank all applicants for their interest, only those selected for an interview will be contacted. If contacted for an interview, please inform us should accommodation be required.*