



Bring **MENTAL HEALTH**
into the **OPEN**



Canadian Mental
Health Association
Lambton Kent
Mental health for all



June 23, 2019

One Event - Two Great Locations!

Mooretown Sports Complex • Rondeau Provincial Park

Run, Walk, Ride & Raise Funds For Mental Health

For More Information: Angela Kirkland

519-337-5411

akirkland@cmhalambtonkent.ca



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Organization

rideonthehide.com

REGISTER TODAY!