



Association canadienne  
pour la santé mentale  
Filiale de Lambton Kent  
La santé mentale pour tous



## **Peer Navigator/Research Assistant 9 month Temporary Contract Full Time (Chatham)**

Our vision is to have mentally healthy people in a healthy society. As a leader and champion for mental health, CMHA Lambton Kent provides services and facilitates access to the resources people require to maintain and improve mental health. Our efforts promote community integration, build resilience, and support recovery from mental illness.

The Peer Navigator/Research Assistant will facilitate and provide support to adolescents and young adults 11-25 years of age who are experiencing mental health issues. The incumbent will also support research activities including data collection and conducting surveys and measures with clients and other stakeholders, as needed.

Reporting to the Integrated Manager of Urgent Services, the incumbent will be responsible for the following functions:

- promotes a stigma free youth culture for mental illness;
- conducting and completing the detailed Community Mental Health Assessment;
- provides individualized community-based support from a recovery perspective to clients;
- assisting A/YA in prioritizing needs/areas of consideration and to develop short-term plans to address these priorities;
- promotes opportunities for increased independence and champions community peer development;
- assists with group facilitation and support as needed and directed;
- acting as a resource person or an advocate to assist individuals in obtaining information/accessing services/supports which are deemed needed;
- supporting reintegration into school, work and social activities.

### **Qualifications:**

- Post-secondary diploma in a relevant discipline such as a Social Service Worker Diploma or Addictions and Mental Health; Bachelor's degree in a relevant health discipline (e.g. Science/ Life/Psychology, Health Sciences/Physical & Occupational Therapy, Epidemiology, Sociology). Professional registration would be an asset.
- 1-2 years' experience in a health related organization and experience working with Adolescents/young adults with mental health issues;
- Experience with active involvement in research in an academic setting, healthcare setting or research institute would be an asset.
- Personal lived experience in recovery from a mental health and/or addiction challenges;
- A valid Ontario Driver's Licence and access to a vehicle.



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**Skills required:**

- knowledge of the Mental Health Act, as well as relevant legislation specific to A/YA with a serious mental illness;
- planning and organization skills to facilitate advocacy and support coordination/service access;
- excellent communication skills; exceptional ability to communicate clearly and respectfully with youth, families and caregivers;
- extensive knowledge of the support/treatment services network in the Municipality of Chatham Kent and of regional services commonly accessed by the program;
- crisis or suicide intervention training is an asset;
- working knowledge of computers with skill in the use of email and Microsoft Office; and
- proficiency in both official languages will be considered an asset.

**Hours of Work:** 35 hours/week. Flexible hours are required to meet the position requirements.

**Salary:** Commensurate with experience within the range: \$51, 283 - \$62, 393

Applicants should submit a covering letter and resume by April 8, 2019 to:

**Lynne Whyte, Human Resources Generalist**  
Canadian Mental Health Association, Lambton Kent Branch  
240 Grand Ave West, Chatham, ON N7L 1C1  
E-Mail: [HR@cmhalambtonkent.ca](mailto:HR@cmhalambtonkent.ca)

**Please reference Job Posting: #07-2019**

*Canadian Mental Health Association – Lambton Kent is committed to a workplace reflecting the diversity of the community it serves and encourages applications from all qualified candidates, including women, members of visible minorities, Aboriginal Peoples and persons with disabilities. If you require an accommodation, we will work with you to meet your needs. This information is available in an alternative format upon request, to accommodate individuals with a disability. While we thank all applicants for their interest, only those selected for an interview will be contacted. If contacted for an interview, please inform us should accommodation be required.*