



Association canadienne
pour la santé mentale
Filiale de Lambton Kent
La santé mentale pour tous



Family Navigator 1 Part Time (Chatham)

Our vision is to have mentally healthy people in a healthy society. As a leader and champion for mental health, CMHA Lambton Kent provides services and facilitates access to the resources people require to maintain and improve mental health. Our efforts promote community integration, build resilience, and support recovery from mental illness.

ACCESS Open Minds Chatham-Kent is the only ACCESS OM site in Ontario, funded through a national research grant from the Canadian Institutes of Health Research (CIHR) and the Graham Boeckh Foundation. The new youth hub brings together existing community partners who are committed to working in a new collaborative and innovative way, offering a “one-stop shop” for young people aged 11-25 and their families looking for mental health support.

This position is responsible for providing support to families of adolescents and young adults 11-25 years of age who are experiencing mental health issues. The incumbent will also recommend and help link families to community resources (formal and informal supports) and consult regularly with the primary worker.

Reporting to the Integrated Manager of Urgent Services, the incumbent will be responsible for the following functions:

- Provide general education about Access Open Minds and community services;
- Refer families to appropriate service providers when required and advocate on their behalf should the need arise;
- Identify family strengths and provide supportive counselling;
- Act as a resource to CMHA staff and other service providers in the community;
- Work alongside colleagues to assess the needs of families referred for support;
- Engage, educate and support families through the treatment and recovery process utilizing individual and group intervention strategies;
- Attend workshops, career development and continuing education opportunities to maintain an up-to-date working knowledge of issues that affect the position and affected youths and families;
- Facilitate psychoeducational groups and provide individual support to group members, as required;
- Identify specific program/organization that will provide key resources for the families.

Qualifications:

- Post-secondary diploma in a relevant discipline such as a Social Service Worker, or Addictions and Mental Health. Professional Registration would be an asset.
- 2 years' experience in a health related organization and experience working with Adolescents/young adults with mental health issues;
- Preference for related community mental health experience;
- A valid Ontario Driver's License and access to a vehicle.



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Skills required:

- Must have strong assessment and engagement skills;
- Planning and organization skills to facilitate advocacy and support coordination/service access;
- Extensive knowledge of the support/treatment services network in the Municipality of Chatham Kent and of regional services commonly accessed by the program;
- Knowledge of the Recovery philosophy and planning process;
- Crisis or suicide intervention training is an asset;
- Extremely well-developed written and verbal communication skills;
- Working knowledge of computers with skill in the use of email and Microsoft Office; and
- Proficiency in both official languages will be considered an asset.

Hours of Work: 14 hours/week. Flexible hours are required to meet the position requirements.

Salary: Commensurate with experience within the range: \$24.49/hr to 29.72/hr

Applicants should submit a covering letter and resume by May 31st, 2019 to:

Lynne Whyte, Human Resources Generalist
Canadian Mental Health Association, Lambton Kent Branch
240 Grand Ave West, Chatham, ON N7L 1C1
E-Mail: HR@cmhalambtonkent.ca

Please reference Job Posting: #16-2019

Canadian Mental Health Association – Lambton Kent is committed to a workplace reflecting the diversity of the community it serves and encourages applications from all qualified candidates, including women, members of visible minorities, Aboriginal Peoples and persons with disabilities. If you require an accommodation, we will work with you to meet your needs. This information is available in an alternative format upon request, to accommodate individuals with a disability. While we thank all applicants for their interest, only those selected for an interview will be contacted. If contacted for an interview, please inform us should accommodation be required.