



**Canadian Mental
Health Association**
Lambton Kent

**Client Care Assistant- 1 Permanent Full-time
(Sarnia Site)**

The Canadian Mental Health Association Lambton Kent Branch is a proudly merged community agency serving the mental health needs of Lambton County and the Municipality of Chatham-Kent.

Our vision is to have mentally healthy people in a healthy society. As a leader and champion for mental health, CMHA Lambton Kent provides services and facilitates access to the resources people require to maintain and improve mental health. Our efforts promote community integration, build resilience, and support recovery from mental illness.

This position supports clients' recovery of daily routines by coaching, and actual hands on assistance with routine daily activities. The incumbent will be responsible for the implementation of action items from the clinical lead develops as part of the treatment care plan. The CCA will collaborate with the clinical lead to provide feedback and input in regards to the progress toward independence, as it relates to daily routine activities.

Reporting to the Manager of Specialized Services, the incumbent will be responsible for the following functions:

- Assisting clients in developing, and maintaining healthy daily routines, that promote recovery and independence by reinforcing skill development through means of coaching, demonstrating and assisting clients with daily tasks as required.
- Coaching clients with personal hygiene care, and activities of daily living, and assisting as required
- Teaching meal planning and nutritious meal preparation and assisting clients in the preparation and clean up.
- Coaching clients with routine household tasks, i.e. cleaning, yard maintenance etc. and assisting as required
- Assisting clients in accessing recreational and community based activities
- Teaching and assisting clients with shopping, laundry duties and other living skills.
- Keep the team abreast of progress and/or setback and will adjust strategies through consultation with the clinical lead.

QUALIFICATIONS

- a minimum requirement of a certificate in Personal Support Worker (PSW) college program from a recognized post-secondary institution; a post-secondary diploma in a relevant discipline or a Social Service Worker Diploma would be considered an asset
- Experience working in community based mental health care and/or residential treatment setting with a minimum of 1 to 2 years' experience.
- Valid Ontario drivers Licence and access to a vehicle

SKILL REQUIRMENTS

- Knowledge of mental health required to assess and support clients with symptoms of a serious mental illness.
- Must have a basic knowledge of bio-psychosocial rehabilitation.
- Crisis or Suicide Intervention training is an asset.
- CPR training
- Planning and organization skills to facilitate advocacy and support coordination/service access

Hours of Work: 35 hours/week. Flexible hours with a potential to work occasional Saturdays are required to meet the position requirements

Commensurate with experience within the range: \$36,479 - \$44,383, inclusive of HOOPP

Applicants should submit a covering letter and resume by January 29, 2020 to:

Cindy Kremer, Manager of Human Resources
Canadian Mental Health Association
Lambton Kent Branch
210 Lochiel St, Sarnia ON N7T4C7
E-Mail: humanresources@cmhalambtonkent.ca