


MENTAL HEALTH WEEK


MAY 6 - 12, 2024

#CompassionConnectsCK

 **Monday**
May 6th

Mental Health Flag Raising w/BBQ and face painting
Hosted by Mental Health Network CK
11:00 a.m.
Civic Centre
315 King Street W.
Chatham


CK Youth Social: Kindness Notes
2:10-4:00 p.m.
920 Elgin St.
Wallaceburg (WDSS)

 **Tuesday**
May 7th

CK Youth Social: Chalk Drawings
2:45-6:00 p.m.
495 Grand Ave W
Chatham

National Child and Youth Mental Health Day!
Show support by wearing green!


 **Green T-Shirt Day!**

 **Wednesday**
May 8th

safeTalk Training (free) 18+
Hosted by SPECC-K
5:30-8:30 p.m.
Register at:
jjohns@stclaircollege.ca

Beat the Odds For Youth
Register at: 519-437-6329
Chatham-Kent YWHO
140 King St., Chatham

CK Youth Social: Rock Painting
2:10-4:00 p.m.
920 Elgin St.
Wallaceburg (WDSS)

 **Thursday**
May 9th

CK Youth Social: Rock Painting
2:45-6:00 p.m.
495 Grand Ave W
Chatham



A special **THANK YOU** to South Kent Wind for sponsoring Mental Health Week!

 **Friday**
May 10th

Grand Finale! Community BBQ
4:00-6:00 p.m.
Family Service Kent
50 Adelaide St. South,
Chatham

Join us for a bbq, fun activities and opportunities to talk to your local agencies about services and programs!



South Kent 